



Heart of Central Texas Independent Living

BELTON WACO DALLAS

TIHCA 2018 Conference Corpus Christi, Texas

Presentation: How a CIL's Can Help Indigent Health (CIL: Center for Independent Living)

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Your Life...Your Way

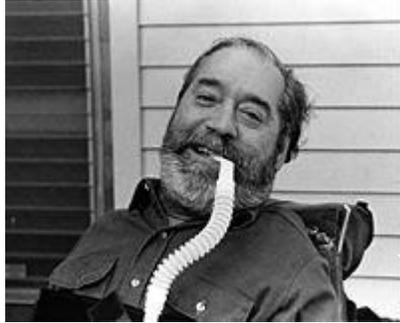


What is an Independent Living Center, or Center for Independent Living, CIL's?

- ✓ Non-residential, private, non-profit, consumer-controlled, community-based organizations providing services and advocacy by and for persons with all types of disabilities.
- ✓ Their goal is to assist individuals with disabilities to achieve their maximum potential within their families and communities.
- ✓ CIL's advocacy to assure physical and programmatic access to housing, employment, transportation, communities, recreational facilities, and health and social services. These are just a few of the services offered.
- ✓ There are over 600 CIL's in the USA. Some are State supported, others are funded by a grant **from the Administration of Community Living(ACL), under the Department of Health and Human Services of the Federal Government. (HOCTIL is funded by ACL)**



CIL's History & Ed Roberts



CIL emerged 1960's

Founded in Berkeley, California, emerged from the independent living movement as a powerful force in helping people with disabilities achieve their independence

CIL as Physically Disabled Students Program

Co-Founder Ed Roberts & other students at University of California to make campus more accessible

1972 formally incorporated as Center for Independent Living

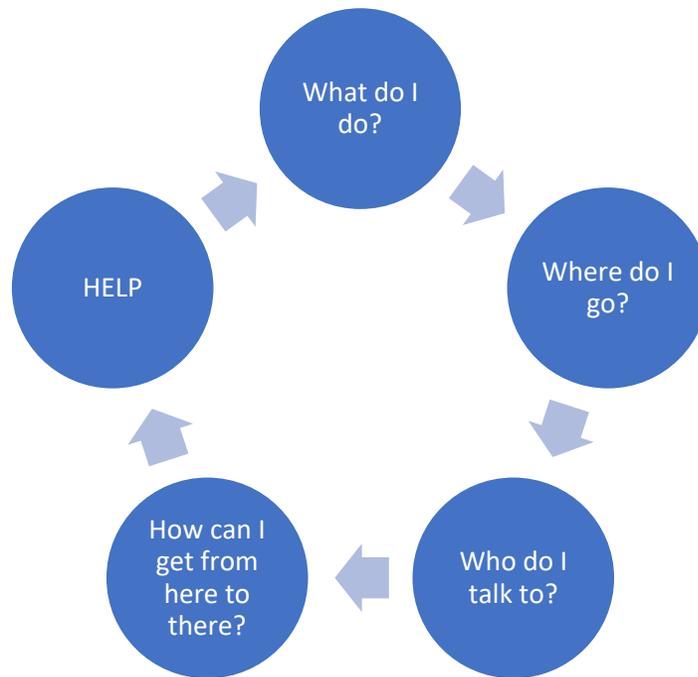
CIL became a support network, giving people the knowledge & the tools to assert their civil rights
Advocate

Quote for Ed Roberts: “We build a political system, and a system of public policy based on old attitudes that actually allow us off the hook, to have no expectations, that believe that we will not work or participate in our communities when in fact we've discovered that the reality is **just the opposite.**”



Why go to a CIL?

Entering the next stage of Your Life



Information/options



Your Life...Your Way

HOCTIL's service does what?

Works with and for persons with any type disabilities and/or chronic illnesses, age and/or income to live in ones community realizing abilities and opportunities

HOCTIL assists individuals to:

- **Realize Dreams and make them into goals – ILP
Independent Living Plan**
- **Live within the Community in ones own home**
- **Increase participation and integrate within the community**
- **Identify potential barriers and navigating services and technologies which can strengthen their abilities & talents**

HOCTIL as do all CIL's

All CIL's promote the Independent Living Philosophy

- Consumer control
- Consumer direction
- “self-determination”
- Consumer Choice



Advocates for equal and active participation in
ones community



Core Service Information & Resources





Core Service: Advocacy (system & individual)

An Example: Accessible Public Transportation





Core Service: Skills Training





Core Service: Peer Support





Core Service: Transition

Youth Transition & Transition back home





So what CIL service can assist us?

- There are 27 Centers across Texas
- Centers for Independent Living offer Core Services that are established by the Health and Human Services, Administration for Community Living (ACL).
- Many CILs offer services other than core or ILS contract services.
- Almost all Centers have a Contract with Texas Health & Human Service HHSC to provide Purchasing of Goods & Service
- CIL's are community based non-profits and serving many of your consumers or they may be able to also serve your consumers



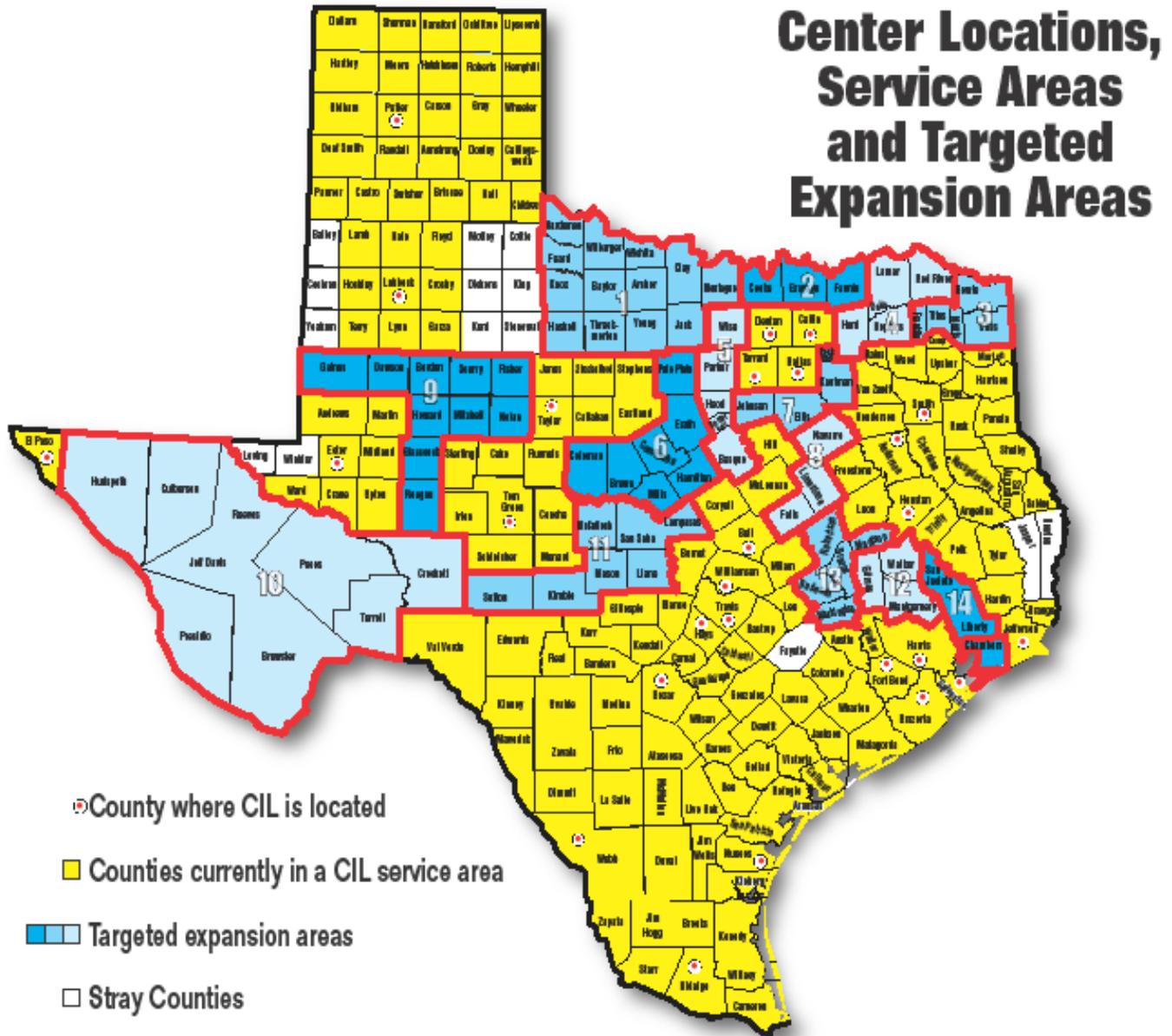
Remember DARS?

Where did all the services go that once was under DARS?

Texas Workforce Commission

Now the rest of the ...

Texas CILs area in Yellow



Map color coded Center for Purchase services





ILS Contract Services went to CIL's

ILS contracted services consist of purchased goods and services necessary to meet an individual's independent living goals.

Examples:

- Services for individuals who are blind such as Orientation & Mobility, Diabetes Education and low vision or adaptive devices.
- Prosthetics & Orthotics
- Durable Medical Equipment
- Home modifications (e.g. grab bars, lift systems and other non-permanent modifications)
- Vehicle modifications (e.g. hand controls, tie downs, etc.)
- Hearing Aids and other hearing devices
- and more



Who is Eligibility for ILS?

Individuals who:

1. Have a significant disability (as defined by federal regulation)
2. Be present in Texas and
3. Be able to benefit from services and reach independent living goals.

Definition of significant disability: A severe physical, mental, cognitive, or sensory impairment that substantially limits an individual's ability to function independently in the family or community.



What is the ILS Process?

1. Referral
2. Application
3. Eligibility Determination
4. Assessments & Independent Living Plan Development
5. Service Provision
6. Waiting list placement (if funding is not available)



When you see one CIL

You have seen One

All CIL's advocates personal responsibility by and for people with disabilities as a means to **Independence**

HOCTIL offers services and programs based on Cool Tools which enhances ones life such as

- Self-management trainings for success
- Employment Services & benefits
- Peer Support
- Advocacy & Collaboration within our Communities
- Information, resources & navigation to appropriate service



Collaboration and Community Connection





Community Education and Community Collaboration

- Community Collaboration and Partnerships --- **RELATIONSHIP**
- HOCTIL collaborates with community agencies, services, and businesses in order to increase capacity to access and integrate people with disabilities.
- HOCTIL believes to **promote integration** within the community you need to be part of the community and **work together** for everyone regardless of impairment









Your life...Your way





Your life...Your way

Your Community/County...Your way

Let us join together to make way for improved services for all.





Empowerment = Success

It's works the same for individual or a agency/business

- Life is 20% of what happens to you and 80% how you react.
- Make a list of what you want=outcomes
- What are the barriers
- What are your strengths and supports
- Create steps/direction to achieve goal
- Celebrate any and all success





independence for persons with disabilities

Independent Living Philosophy

RIGHT TO CHOOSE

HOCTIL's Center tagline:

“Your Life... Your Way”



THE BEST PART IS Working together for the good of all

Working & Helping Clients/Consumers
together

We can do more and succeed

- Focus on outcome
- Behaviors
- Character
- Confidence
- Collaborate





The key to embracing that new beginning & starting fresh is making a change

Believe in yourself and do it your way, be part of life & enjoy,

Picture courtesy of Disabled Sports USA



The Best is Yet to Come by working together

Some of HOCTIL's Board Members





Thank you

Questions & Answers

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Come visit us at our website

www.hoctilc.org