

Civilian Response to Active Shooter Events



Outline

- Disaster Response Psychology
- Active Shooter Events (ASE)
- Civilian Response to ASE

Columbine 911 Call



11:25.02

Columbine Dramatization



Don't
Name
Them



Disaster Response

The background science of how people
behave in high stress events

Three Stages of Disaster Response

- Denial
- Deliberation
- Decisive Moment



Denial



Social Proof



Deliberation



Deliberation

Human Brain



Lizard Brain



Stress Response

Heart Rate



Deliberation

Human Brain



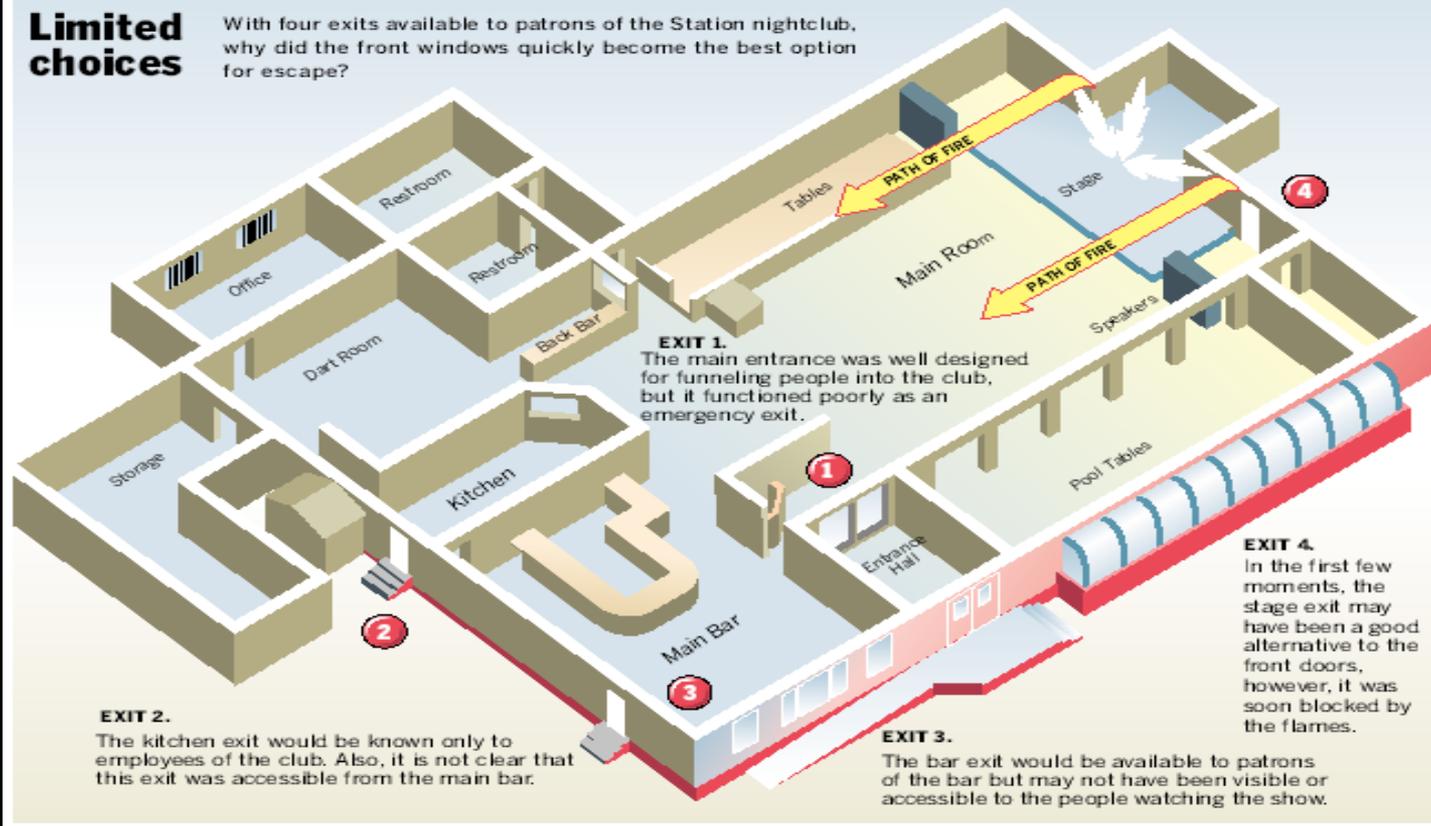
Lizard Brain



Deliberation

Limited choices

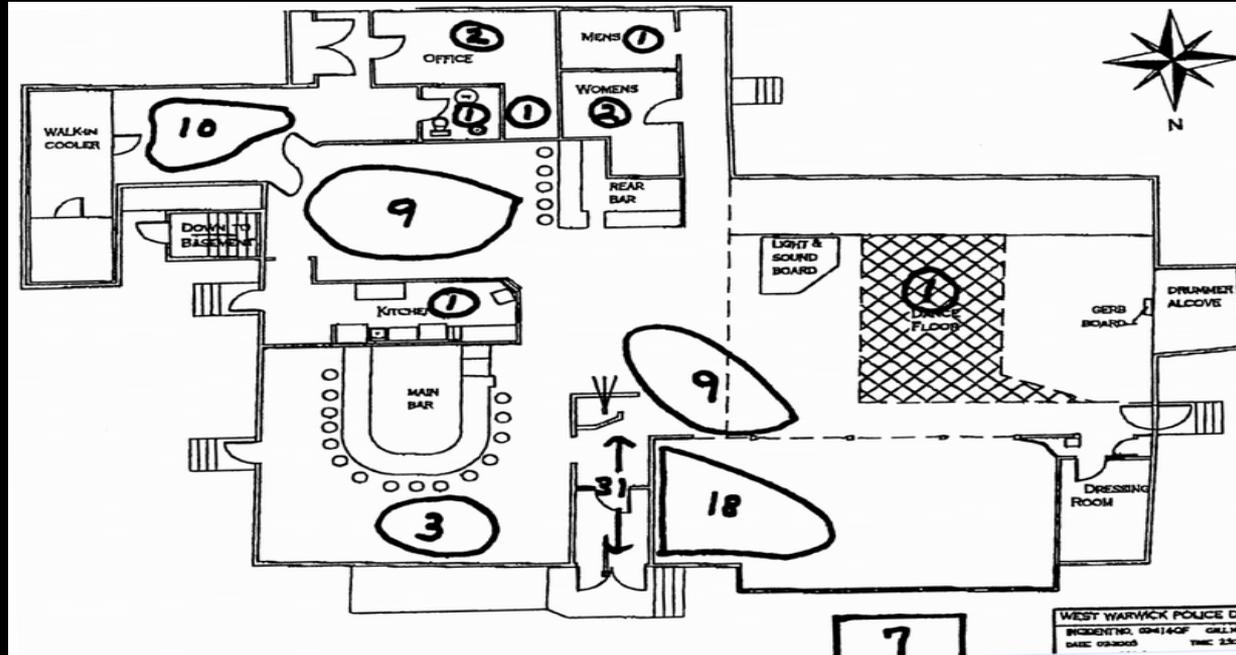
With four exits available to patrons of the Station nightclub, why did the front windows quickly become the best option for escape?



Station Night Club Fire



Deliberation



Deliberation

- Calm yourself
- Combat breathing
- Shift your emotion



Deliberation

- Script
- Practice



Rick Rescorla

IN 1993, RESCORLA WAS VICE-PRESIDENT OF CORPORATE SECURITY FOR THE DEAN-WITTER-MORGAN-STANLEY COMPANY WHEN THE WORLD TRADE CENTER WAS BOMBED THE FIRST TIME. HE LED THE EVACUATION OF THE BURNING BUILDING FOR 12 HOURS HELPING FIREFIGHTERS RESCUE TRAPPED SURVIVORS.

AFTER THE TERRORIST ATTACK ON 9-11-2001, RESCORLA AGAIN LED THE EVACUATION OF THE WORLD TRADE CENTER. HE WAS LAST SEEN GOING UPSTAIRS INTO THE BURNING BUILDING, CONDUCTING A FINAL SWEEP FOR SURVIVORS. HE WAS KILLED WHEN THE SOUTH TOWER COLLAPSED. HIS ACTIONS THAT DAY SAVED MORE THAN 2,700 LIVES.



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Decisive Moment

**JUST
DO
IT.**

Active Shooter Events

Active Shooter Event Definition

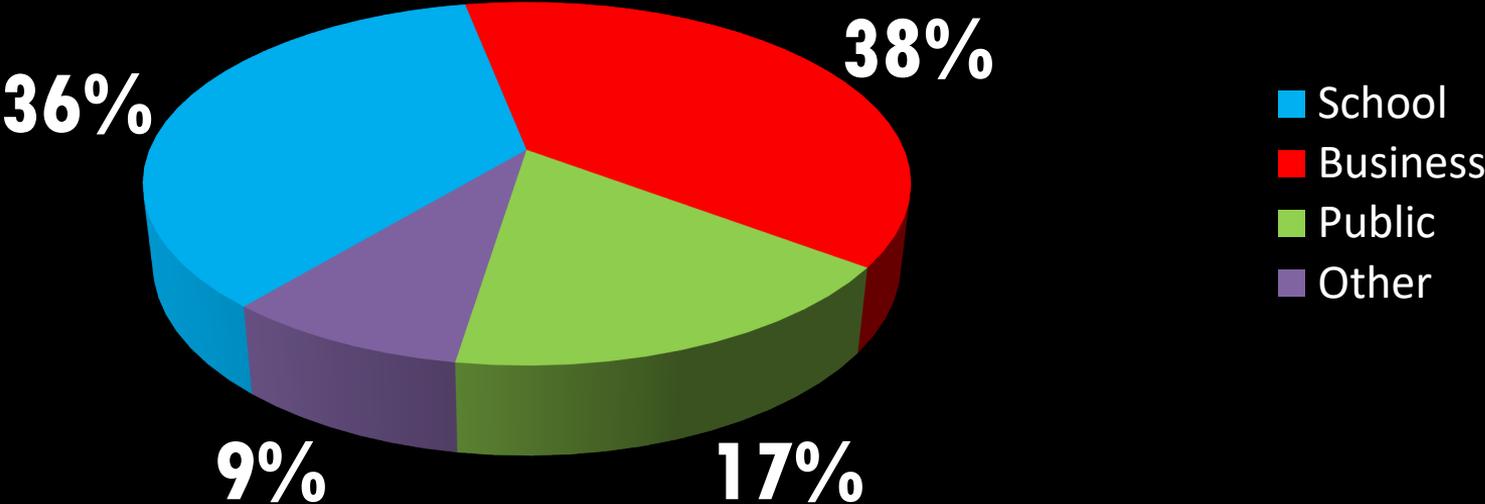
- An active shooter event involves one or more persons engaged in killing or attempting to kill multiple people in an area occupied by multiple unrelated individuals.

The Shooter

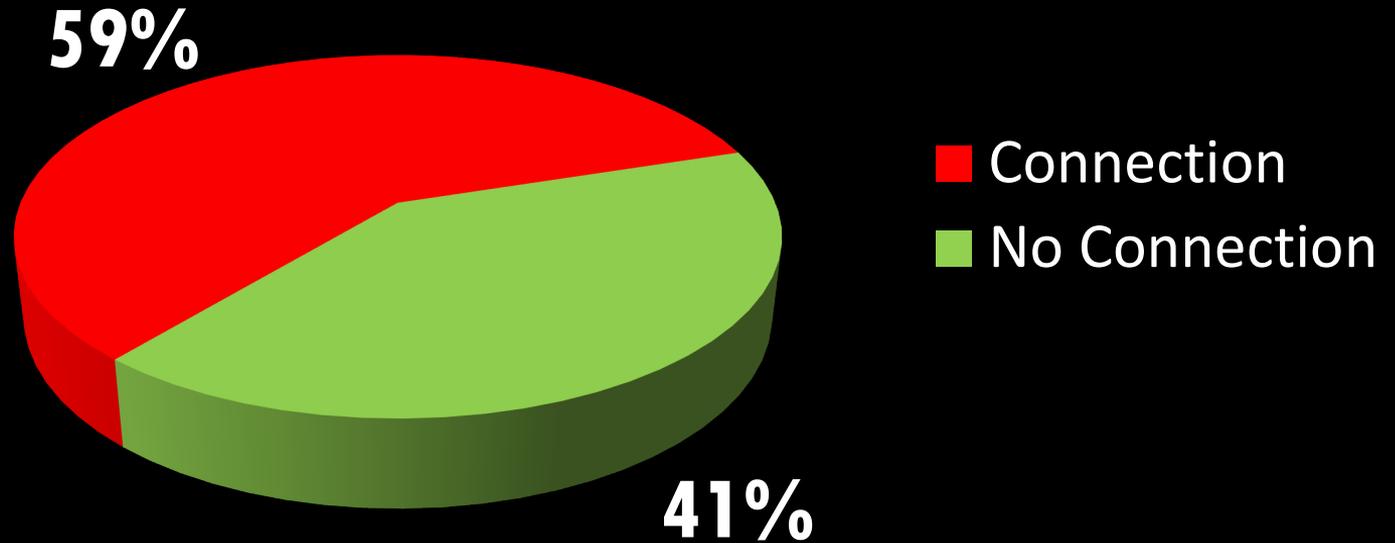
- No “Profile”
- Mindset
- Some broadcast



ASE Locations



Shooter Connection



Fort Hood, TX (2009)



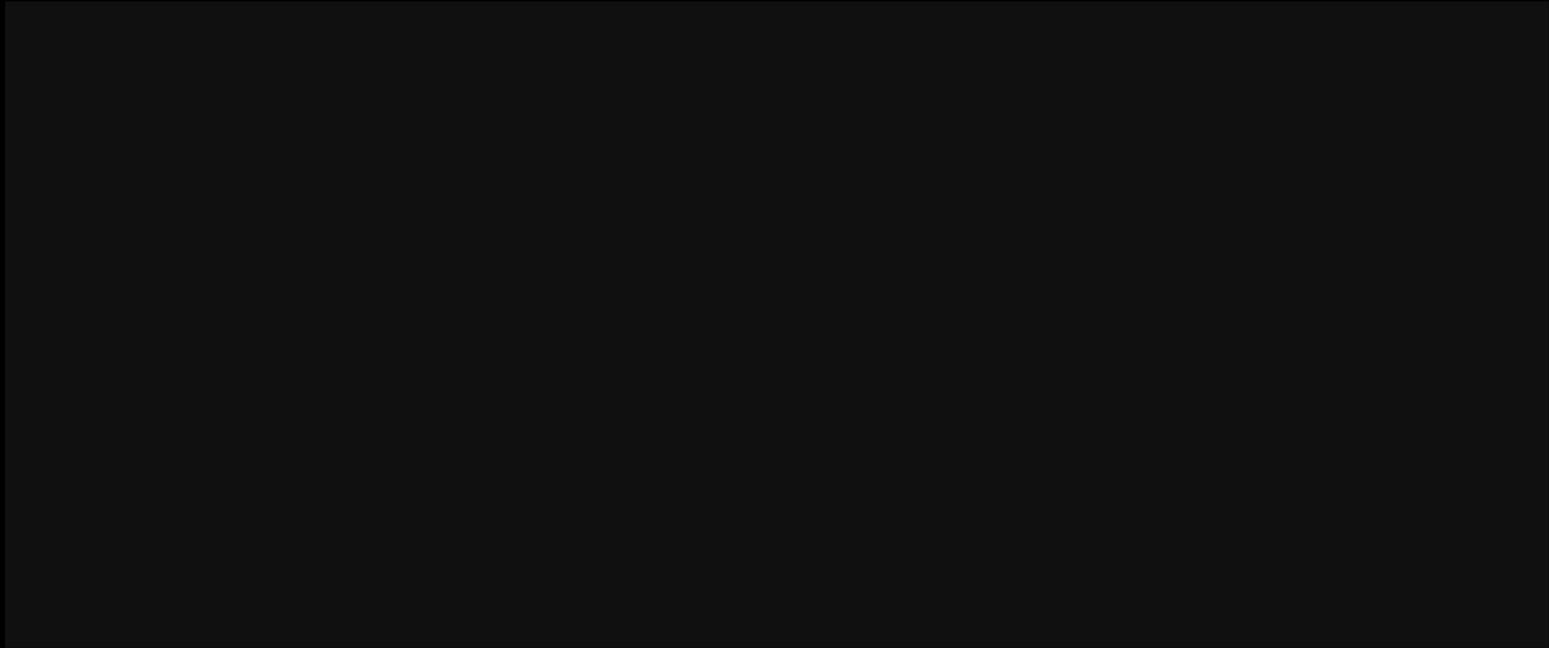


Reliable Metals, AL (2009)



Edmond, OK (1986)

Mumbai, India (2008)



Number of Deaths

Target availability



3 Minutes



Civilian Response

Denial

- Don't Deny
- Hear Gunshots
- Go to deliberation



Playing dead





Hide & Hope

Deliberation

- Avoid
- Deny
- Defend

Avoid

- Situational Awareness



Avoid

- Leave ASAP
- Know your exits
- Call 911



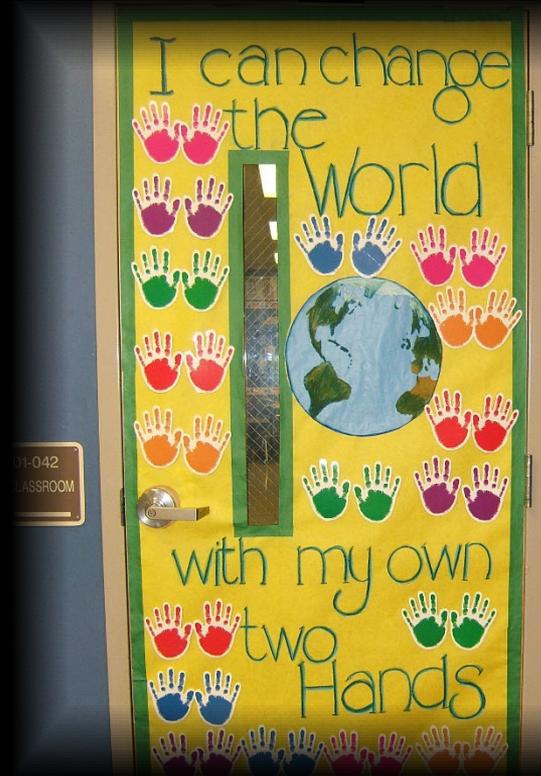
Avoid

- Consider Secondary Exits



Deny

- Lock the door
- Lights out
- Out of sight



Deny

- Barricade
 - Inward Only
 - Heavier = Better
 - More = Better
 - Doorstops = Awesome!



Deny

- Ropes
- Tactical Cinch



Defend

- Positioning
- Grab the gun
- Fight



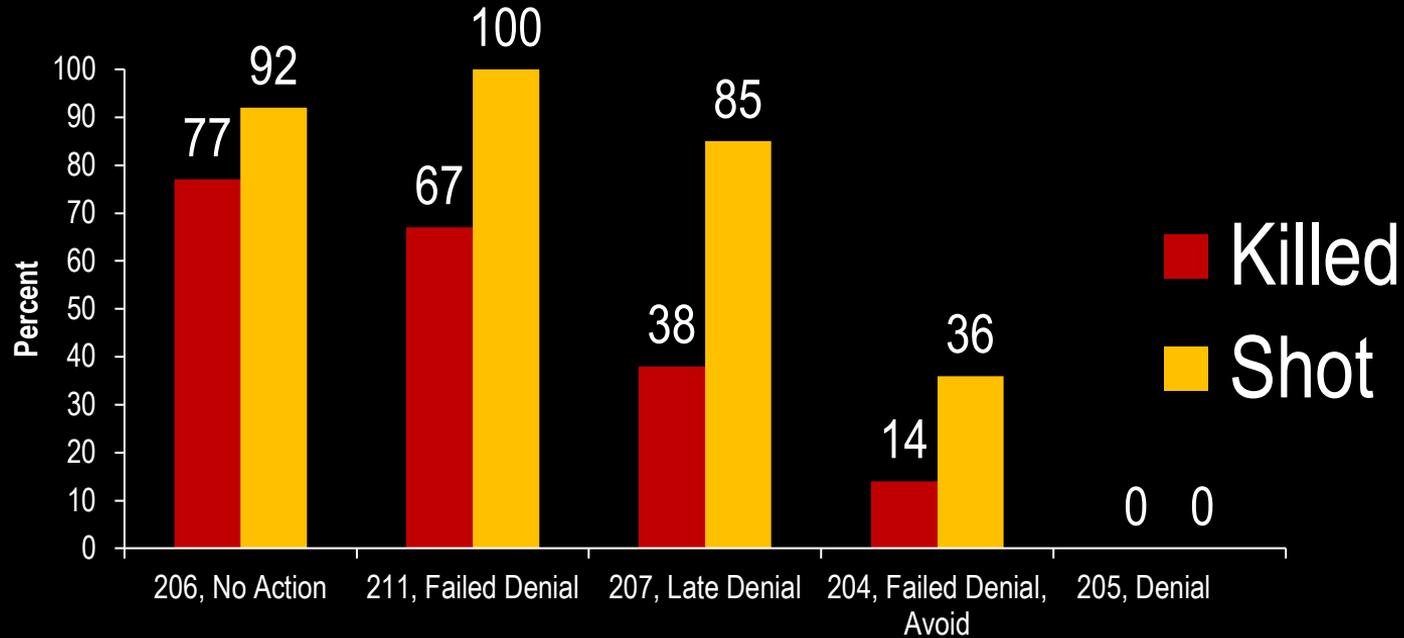
Defend

I'm not going out in a parking lot. I'm not going out like this. I'm not gonna let my wife down. I'm not gonna let my daughter down, and I'm not letting my step-kids down.

– Lt Brian Murphy

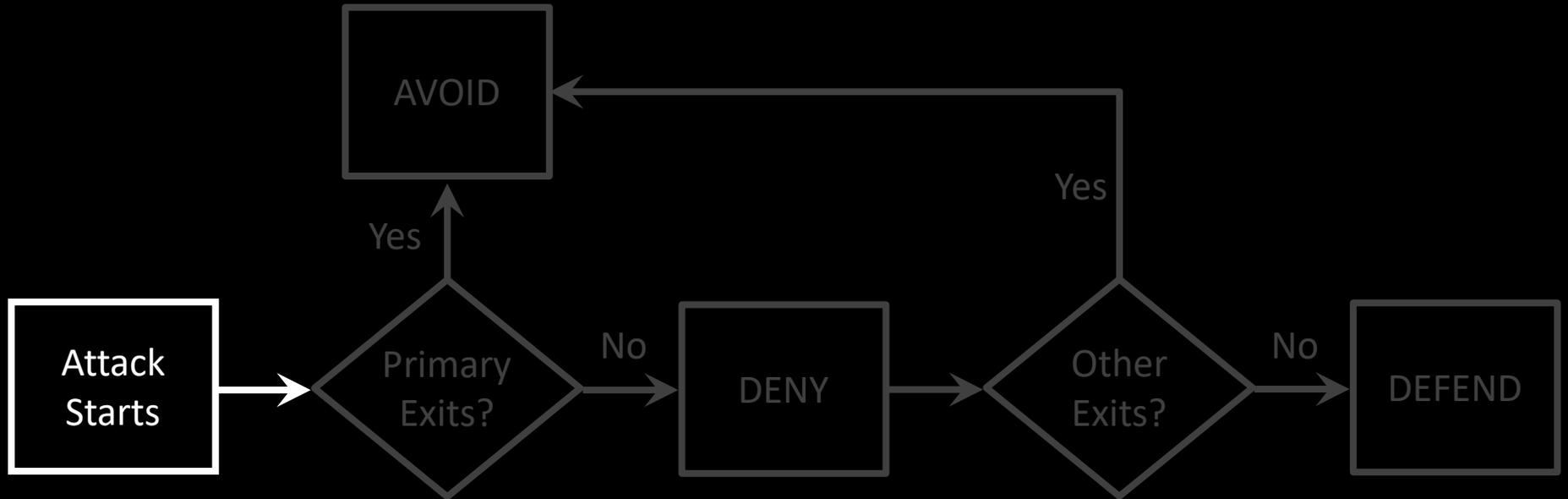


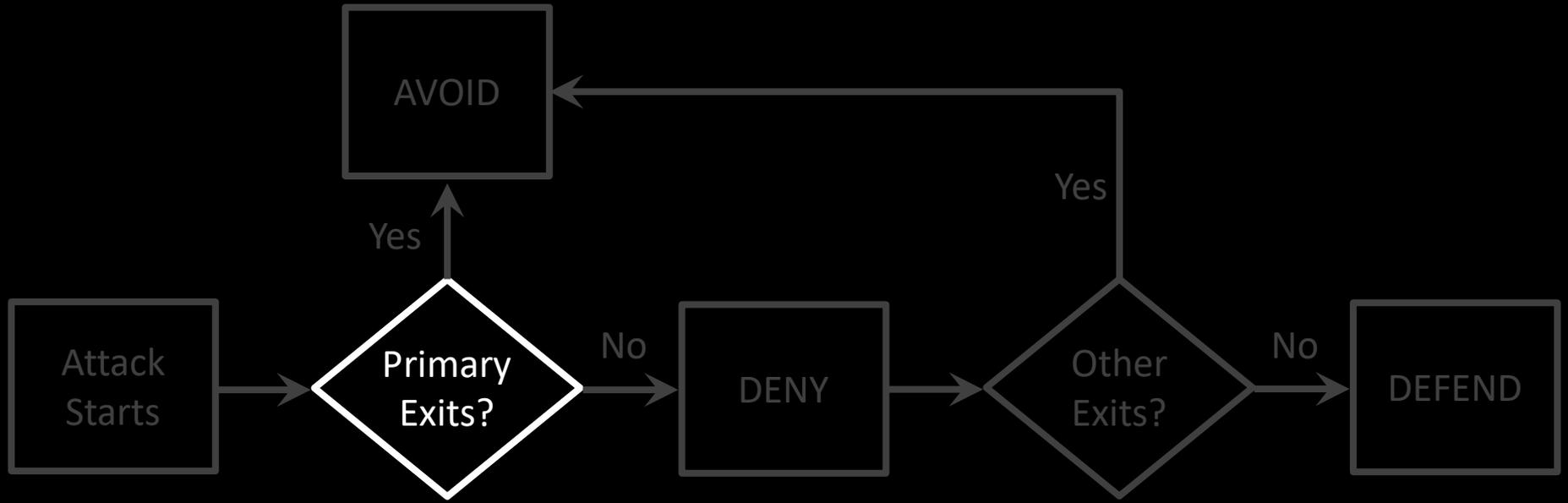
Virginia Tech

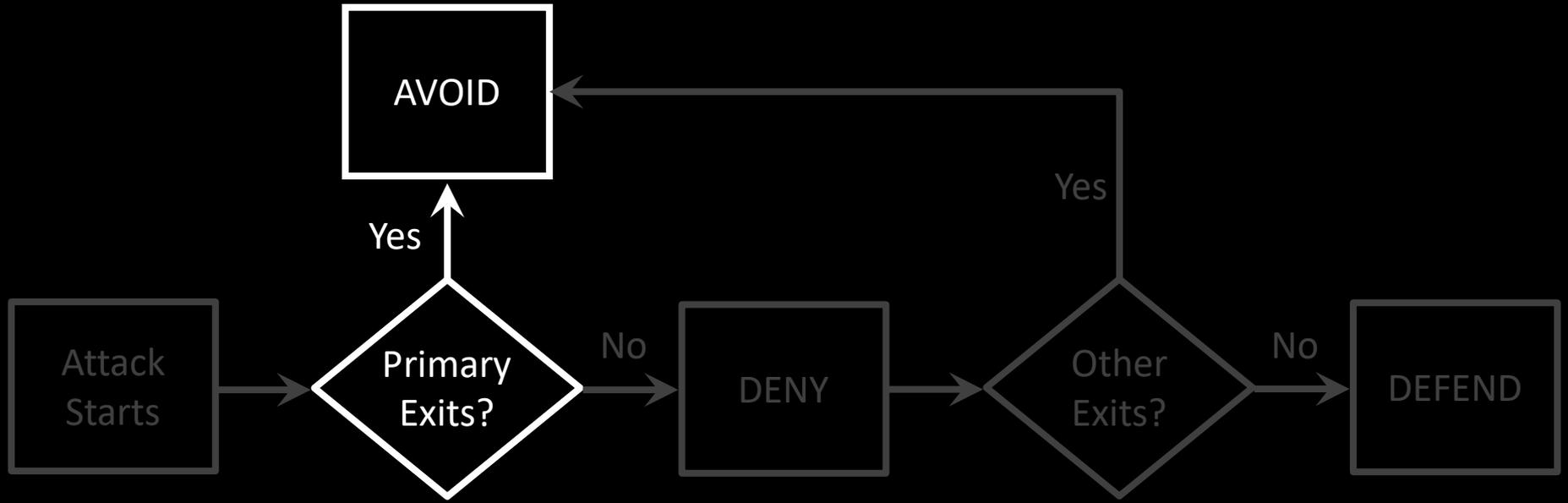


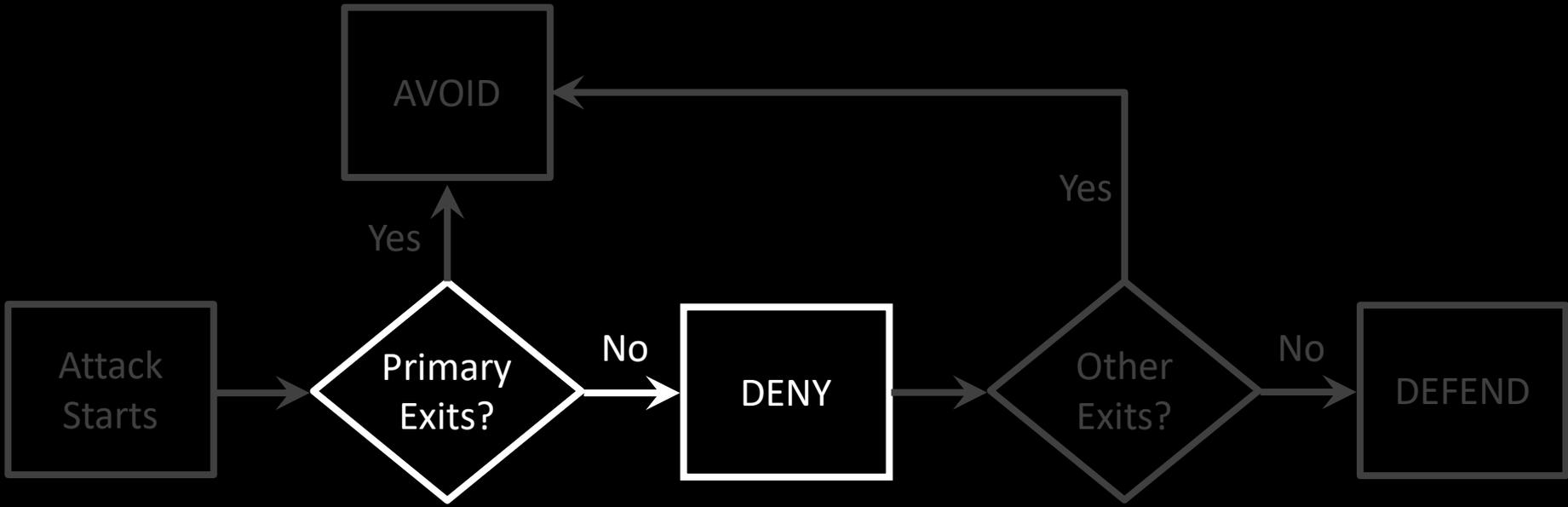
You are not helpless

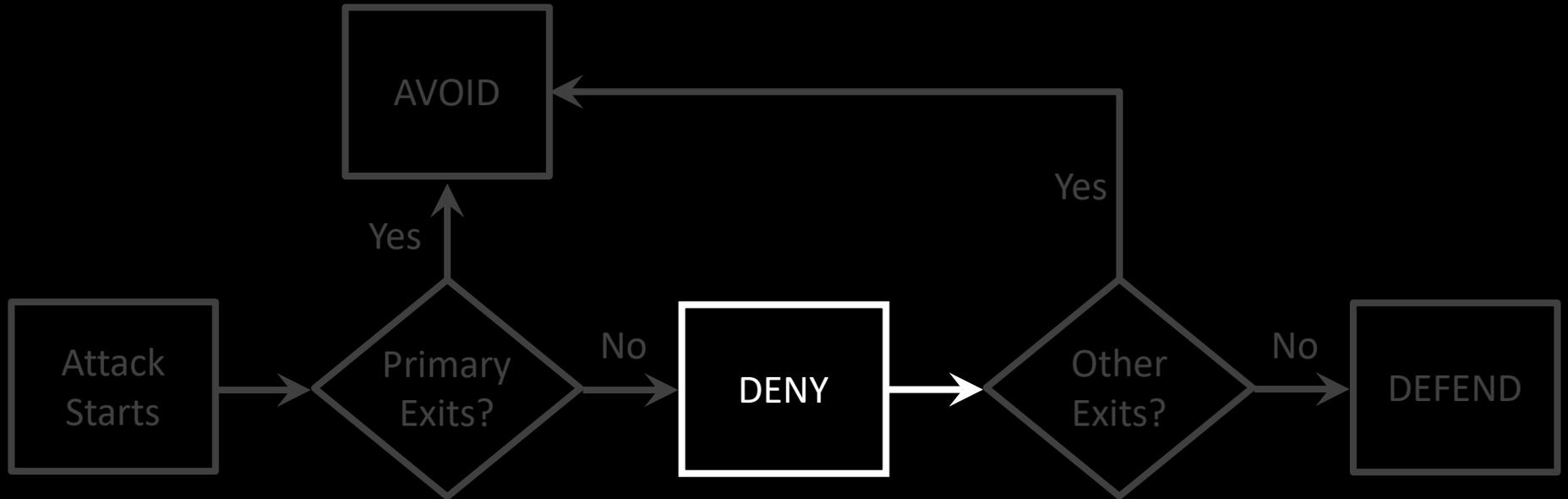
What you do matters

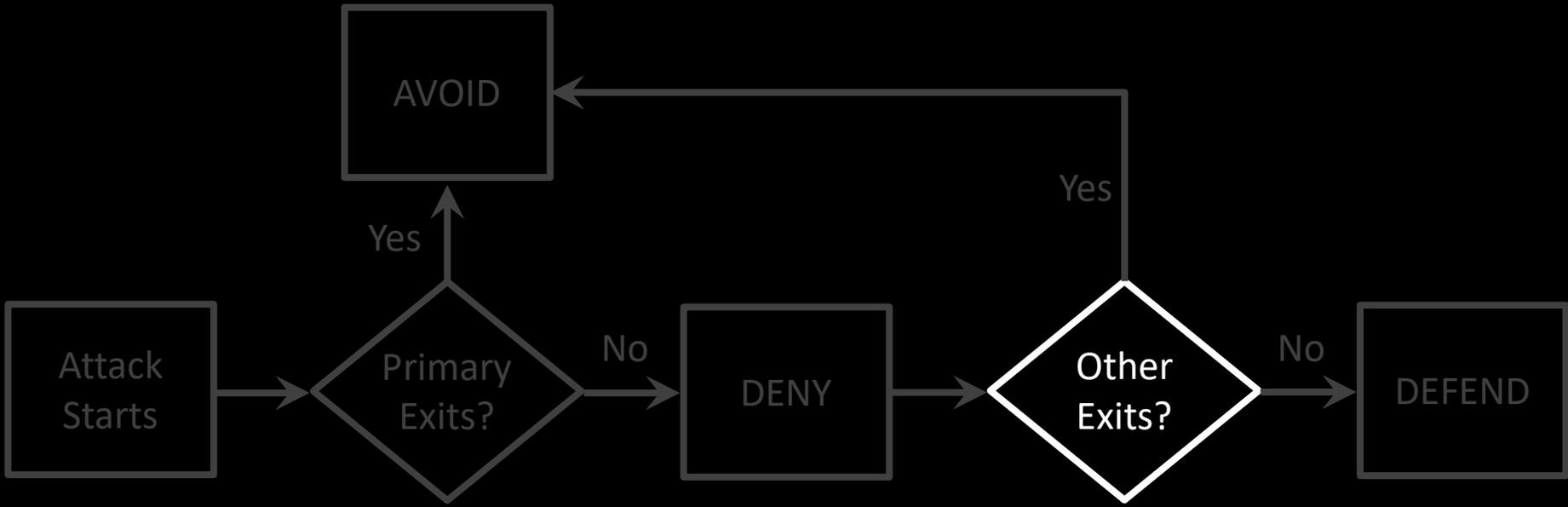


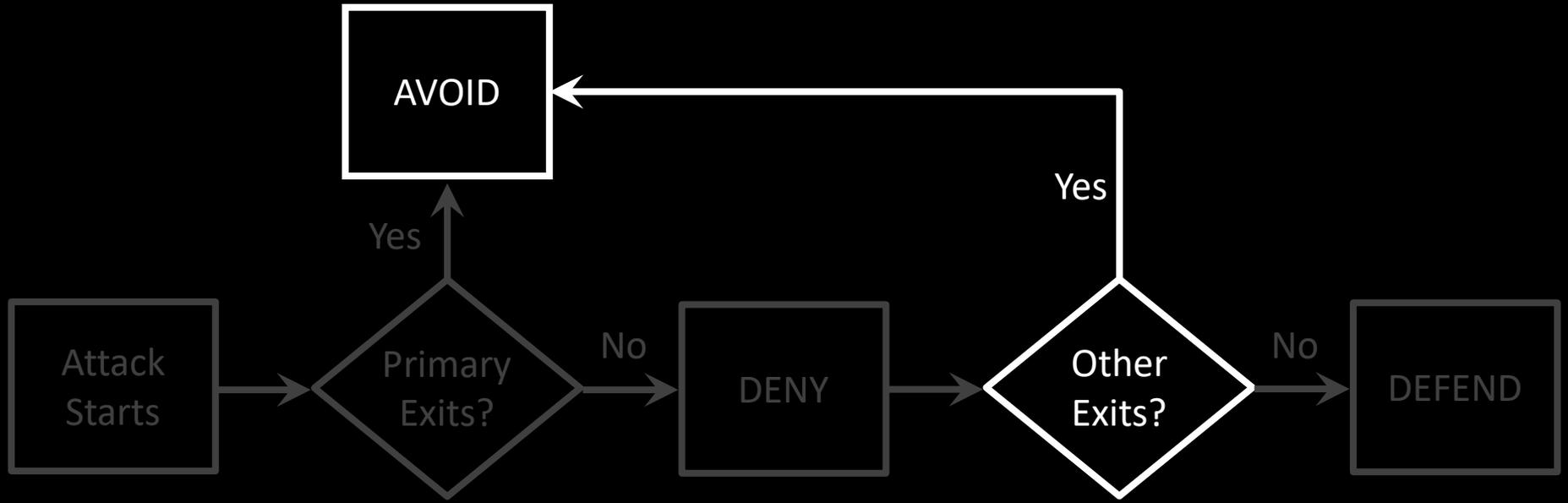


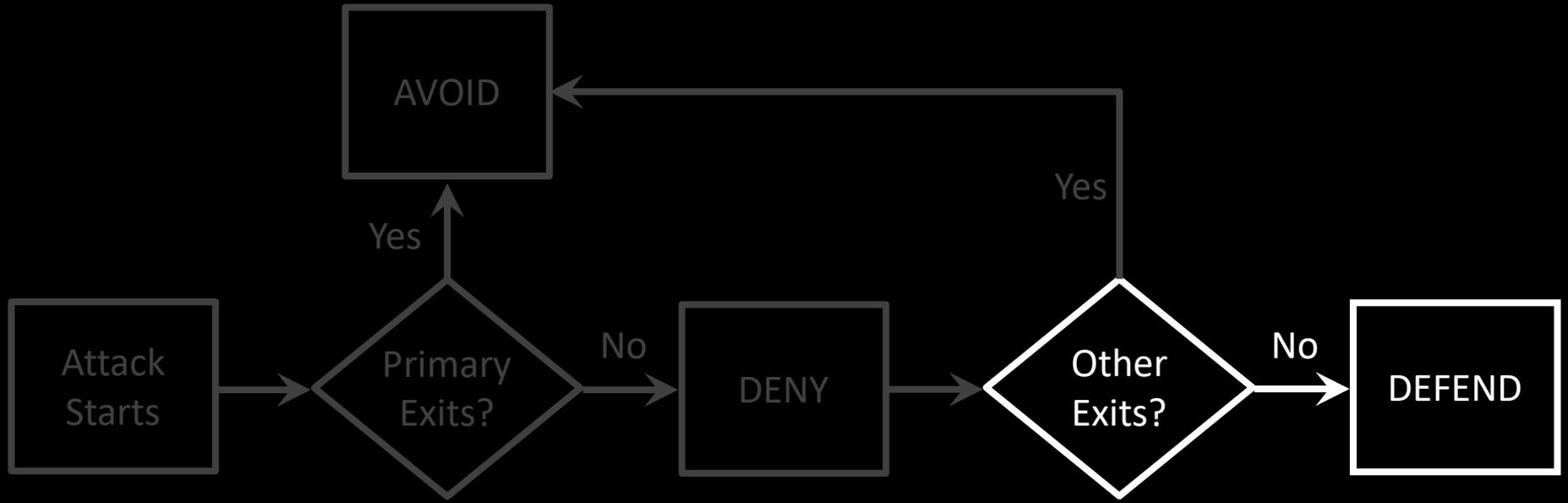


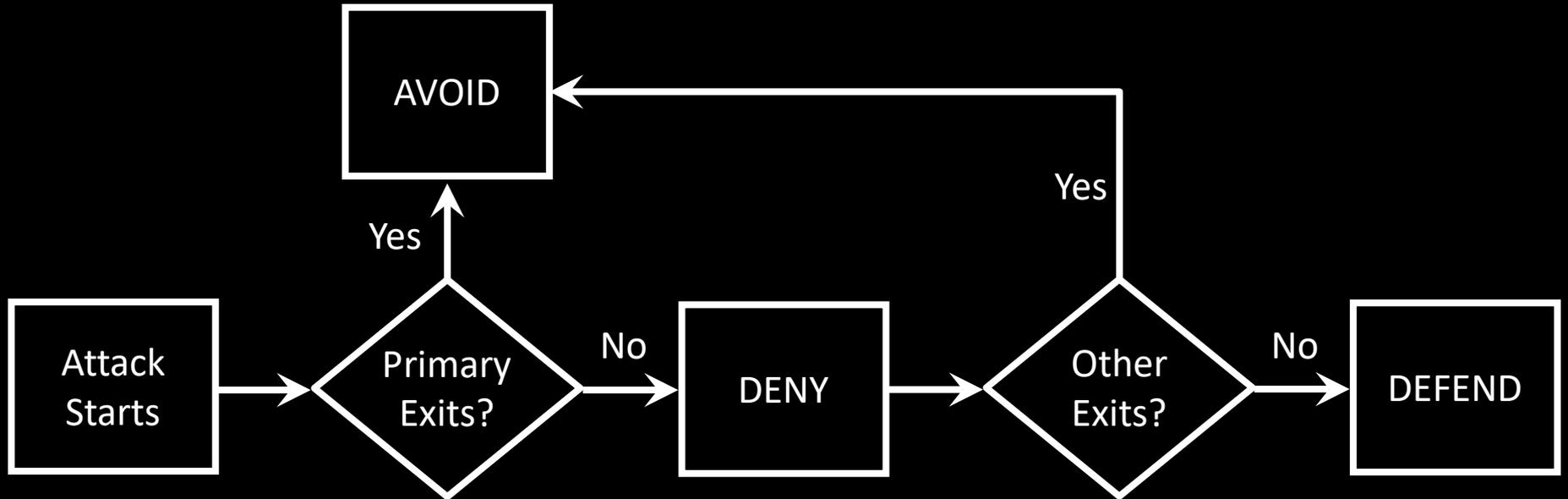












When Police Arrive



Priority of Work

- Stop the Killing
- Stop the Dying
- Evacuate the Area



When the Police Arrive

- Follow commands
- Show your palms
- Do not move



Medical

- EMS Delay
- People Need Help
- Seek training
- C-TECC.org



Personnel Issues

- Expect mental trauma
- Develop a critical incident stress management plan



Don't
Name
Them

